

International Emergency Contact Information

AUSTRALIA



Emergency: 000

Lifeline.org: <https://www.lifeline.org.au/Get-Help/Online-Services/crisis-chat>

Lifeline Australia: 1-300-13-11-14

YourLifeCounts.org: <http://www.yourlifecounts.org/need-help/crisis-lines>

BRAZIL



Emergency: police: 190 ambulance: 192 fire: 193

Sociedade de Amigos Voluntarios SAV-SAMARITANOS Pernambuco

Hotline: (081) 3231-4141

CAMBODIA



Emergency: 117 or 118

Tpocambodia.org: transcultural psychosocial organization (TPO) treatment center

CANADA

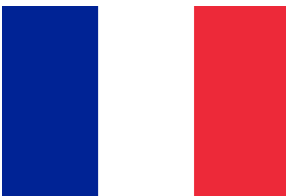


Emergency: 911

Hotline: 1-888-353-2273

YourLifeCounts.org: <http://www.yourlifecounts.org/need-help/crisis-lines>

FRANCE



Emergency: Ambulance: 112, 15 Fire: 112, 18 Police: 112, 17

Suicide Hotline:

Boite Postale 43, Cedex 92101 Boulogne

Hotline: 01 46 21 46 46

Website: soshelpline.org

Suicide Ecoute

Paris

Hotline: 01 45 39 40 00

Website: suicide.ecoute.free.fr

E.P.E. idF. Fil Sante Jeunes

Paris

Hotline: 0800 235 236

Website: filsantejeunes.com

Fédération S.O.S Amitié France
11, rue des Immeubles industriels 75011
Paris
Hotline: (+33) (0)1 40 09 15 22
Website: sos-amitie.com

HONG KONG

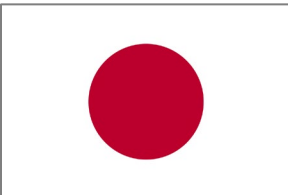


Emergency: 999
Suicide Hotlines:
The Samaritans
G.P.O Box 7953
Hong Kong
Hotline: +852 28 960 000
Website: samaritans.org.hk
E-mail Helpline: jo@samaritans.org.hk

Suicide Prevention Services

G/F, 14-15 Yat Tung House
Kowloon Hong Kong
Hotline: +852 23820000
Website: sps.org.hk

JAPAN



Emergency: Ambulance: 119 Fire: 119 Police: 110
Suicide Hotlines:
Befrienders International, Tokyo
Hotline: +81 (0) 3 5286 9090
Website: www1.odn.ne.jp/~ceq16010

BI Suicide Prevention Centre, Osaka
Hotline: +81 (0) 6 4395 4343
Website: spc-osaka.org

Tokyo English Lifeline
5-4 22 rm 302, Minami Aoyama
Minato Ku
107-0062 TOKYO
Hotline: Counselling: 03 5774 0992
Hotline: Face to Face: 03 3498 0231
Website: telljp.com

JORDAN



Emergency: 911
Suicide Hotline: 110

MEXICO

Emergency: Ambulance: 065 Fire: 068 Police: 060

Suicide Hotline: 5255102550

MONACO

Emergency: 112

NEW ZEALAND

Emergency: 111

Lifeline 24/7 Helpline: 0800 543 354

Suicide Crisis Helpline: 0508 828 865 (0508 TAUTOKO)

YourLifeCounts.org: <http://www.yourlifecounts.org/need-help/crisis-lines>

NORWAY

Emergency: 113

Suicide Hotline: + 4781533300

P.R. CHINA:

Emergency: Ambulance: 120 Fire: 119 Police: 110

Suicide Hotlines:

Beijing Suicide Research and Prevention Center Hotline

Hotline: Free: 0800-810-1117

Hotline: Mobile/IP/extension users: 010-8295-1332

Website: crisis.org.cn

Lifeline Shanghai

Hotline: (21) 63798990

Website: lifelineshanghai.com

Lifeline Yanji

Hotline: (0433) 273 9595

PHILLIPINES

Emergency: Ambulance: 166, 117

Suicide Hotline:

Manila Lifeline Centre

Hotline: (02) 8969191

Hotline: Mobile phone: 0917 854 9191

REPUBLIC OF SOUTH KOREA

Emergency: Ambulance: 119 Fire: 119 Police: 112

RUSSIA

Emergency: 112

Suicide Hotlines:

Samaritans (Cherepovets)

54, Stalevarov str.

162600

CHEREPOVETS

Hotline: 007 (8202) 577-577

Youth Crisis Line

D25, Centralnaya Street

156014

KOSTROMA

Hotline: (7) 0942 224 621

SINGAPORE

Emergency: Ambulance: 995 Fire: 995 Police: 999

Suicide Hotline:

Samaritans of Singapore

Block 10, Cantonment Close

#01-01

80010

Singapore

Hotline: 1800- 221 4444

Website: samaritans.org.sg/

SLOVENIA

Emergency: 112

SWITZERLAND

Emergency: Ambulance: 144 Fire: 118 Police: 117

Suicide Hotlines:

La Main Tendue

Secretariat central

Zahringerstrasse 53

Case postale 835

CH-3000

BERNE 9

Hotline: 143

Website: 143.ch

E-mail Helpline: verband@tel-143.ch

TAIWAN

Emergency: Ambulance: 119 Fire: 119 Police: 110

Suicide Hotline:

Kaohsiung Life Line

Website: life1995.org.tw/

THAILAND

Emergency: Ambulance: 191 Fire: 199 Police: 191

Suicide Hotlines:

Samaritans of Thailand

P.O. Box 63

Por Nor For Santisuk

10113

BANGKOK

Hotline: (02) 713-6793

Website: geocities.com/samaritansthai

E-mail Helpline: samaritans_thai@hotmail.com

Samaritans of Chiang Mai

PO Box 123

50000

CHIANG MAI

Hotline: (53) 225 977/8

Website: geocities.com/samaritansthai

TURKEY

Emergency Hotline: 182 Ambulance: 101, 112 Fire: 102 Police: 100

UNITED KINGDOM AND REPUBLIC OF IRELAND

Emergency: 112 or 999

Hotline: +44 (0) 8457 90 90 90 (UK – local rate)

Hotline: +44 (0) 8457 90 91 92 (UK minicom)

Hotline: 1850 60 90 90 (ROI – local rate)

Hotline: 1850 60 90 91 (ROI minicom)

YourLifeCounts.org: <http://www.yourlifecounts.org/need-help/crisis-lines>

Suicide Hotlines:

Samaritans UK & ROI

Website: samaritans.org

E-mail Helpline: jo@samaritans.org

UNITED STATES OF AMERICA

Emergency: 911

National Suicide Prevention Lifeline, 1-800-273-TALK (8255)

<https://SuicidePreventionLifeline.org>

VIETNAM

Emergency: Ambulance: 05 Fire: 08 Police: 03

<https://www.psycom.net/get-help-mental-health>

https://travel.state.gov/content/dam/students-abroad/pdfs/911_ABROAD.pdf

www.suicide.org